



Chieftain

Volume 45, No. 2 ITAWAMBA COMMUNITY COLLEGE November 2, 2015

A Quick Look

Register today for eLearning term

Staff Reports
Registration for a four-week eLearning accelerated term is continuing at both the Fulton and Tupelo campuses of ICC. Students may register through Nov. 17 for the classes which begin Nov. 16. Final examinations will be Dec. 7-9.

For more information on registration, visit the Student Affairs office on either the Fulton or Tupelo campus, call (662) 862-8290 (Fulton) or (662) 620-5000 (Tupelo) or email go2iccms.edu.



ICC's Indians made the playoffs for the first time since 2013.
- See page eleven.

Food for Families Challenge

Staff Reports
ICC is participating in the "Food for Families Challenge," Nov. 2-20. ICC is facing off against Northeast Mississippi Community College to determine which can collect the most pounds of canned food items. The official weigh-in at the Fulton Campus will be at 1 p.m., Nov. 20. Collection boxes are located in building lobbies. All canned food items or monetary contributions will be donated to local food pantries. For more information, contact Dr. Bronson Prochaska, (662) 862-8250 or bgprochaska@iccms.edu.



Students, faculty to benefit from Office 365 conversion

Staff Reports

Beginning in January, Itawamba Community College's students will have a new email address and a lot of options. Faculty members will benefit from the College's conversion to Office 365, too.

Gone will be gmail accounts and @my.iccms.edu addresses. Instead the new address will be their username@iccms.edu. Outlook will replace gmail as the College's official communication method to which students will have access by entering their username and password. There will be no change in employee email.

Through ICC's new Mobile Education Platform, which utilizes Office 365, students and faculty can download and install the version, which is ProPlus, on up to five PCs or Macs, including iPads, iPhones, etc. for free. It's a value of \$144 per year.

Office 365 will enable students to use Word, PowerPoint, Excel and OneNote in real time, anywhere, any time on any device.

Beginning next spring, ICC's email will no longer be perpetual as has been the case with gmail. At that time, only employees and current students will have ICC email accounts.

Extra! Extra! Read all about it!

New Board policy allows graduation with fewer hours

Staff Reports

Beginning with the December 2015 graduates, ICC students will have to complete only 60 hours with the established core to earn an associate's degree.

In a policy change, ICC's board of Trustees has reduced the number of hours from 63 to earn both the Associate of Arts and Associate of Applied Science degrees.

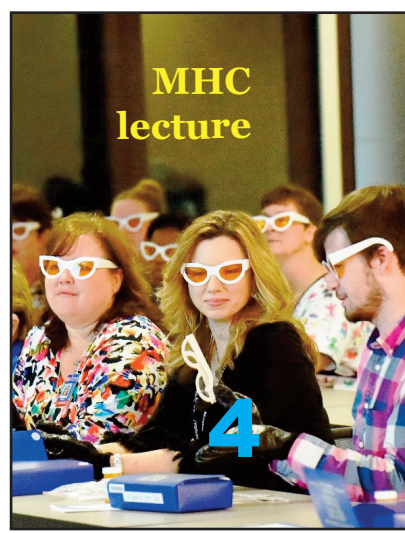
Candidates for both degrees must have a 2.0 grade point average on those hours applied toward graduation.

Core requirements for the A.A. degree include English Composition, 6 hours; Public Speaking I, 3 hours; College Algebra or higher math, 3 hours; Natural Science with lab, 8 hours; Humanities, 6 hours; Fine Arts, 3 hours; and Social or Behavioral Science, 6 hours. For the

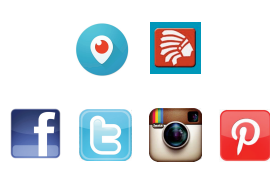
A.A.S. degree, they are English Composition I, 3; Public Speaking I, 3; College Algebra or higher math, 3 or Natural Science with lab, 4; Humanities or Fine Arts, 3; and Social or Behavioral Science, 3.

College Life, a first-year experience course, is a requirement for the attainment of both the A.A. and A.A.S. degrees for those students who graduated from high school in 2012 or later. All students must demonstrate basic computer competency prior to graduation from ICC. Developmental credit will

not count for either degree. Students must earn at least 25 percent of the requirements within a prescribed curriculum at ICC to be eligible for either degree.



Inside Viewpoints News Sports





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IEWPOINT

MICHAELA
COOPER

Editor

College

CALENDAR OF EVENTS



V

OICES

ALLISON
NEAL

Staff

Fear of failure

So recently while in one of my classes, we were discussing regrets and working, and how can I become a leader when I barely know what I am eating for lunch today, let alone what I am going to be doing 10 years from now.

Sure, most of us know where our next educational step will be and what career path we want to follow, but nothing is ever guaranteed. As of right now, we are doing everything we are supposed to do to secure our spots for a bright future. We are filling out scholarship applications and going on college tours. We are pulling long hours at work and even longer hours in our studies. These days it seems that if you don't get a head start now, there will be little or no chance for success in the future.

How many of us, though, have become so fixated on our work or our schooling that we have forgotten what the word "spontaneous" truly means? During the discussion a student said, "We need to fit work into our lives, not our lives into our work." Think about that for a second. When you first read that quote, you probably had the same reaction I initially did, which was, no, you need to do what momma said, "Work first, and then you can play." But the more I mulled over this quote, the more I really began to believe in the words. Now, before I continue, let me preface my next sentence with, when I say "slow down," I do not mean quit everything and become, for lack of a better description, a lazy bum. One of the problems I feel our society faces is the lack of want or desire to slow down, And it's not because of technology or social media. So many people want to blame our fast-paced world on machines: they say they have made us impatient. I disagree, though. We have evolved into the society we are today because we allowed ourselves to become so wrapped up in what the world has told us we are supposed to do instead of what we want to do. That may sound a little selfish, I know. Honestly though, you can't please everyone, so you might as well at least make yourself happy.

A lot of us don't want to slow down, though, because we are afraid of failure. For all of you random facts enthusiasts, the fear of failure is actually "Atychiphobia." But hey, I am right there with all of you. The possibility of being in debt from student loans my whole life and the change of not making physical therapy school the first time I apply is utterly terrifying. No one wants to experience those circumstances. The problem is we worry so much about succeeding in the future that we forget to live in the present. So our thoughts at this moment are work hard now and then when we finish school, we can live a little. However, when we finish college, hopefully we will be jumping straight into a job, which, don't get me wrong, is a good thing! New job means very little vacation time, and by the time we have built up enough hours, has everyone even thought what their health status will potentially be? Sure, we are spry, young adults right now. But those are key words, right now. No one knows how he/she will feel or be able to participate in tomorrow or even a year from now.

So, why not do everything you can now, when you have the time and energy and the passion? By this point, you are probably saying, "Michaela, in the real world, you can't do that," and you are absolutely right. I am not advising you to skip work every chance you get or slack off from your studies. What I am saying is find the balance. Figure out what life course you want to take 10 years from now, but don't forget that the decisions you make today, even if they are as simple as deciding on lunch, are just as important when you copy and paste everything into the big picture called "life."

November

Food Labels - Decoding the Mystery Nutritional Seminar, noon

3

4

Last day to drop eLearning classes with 'W'; Ole-Miss Tupelo recruiters, SSB, Fulton, 10:30 a.m.-1 p.m.

Small Ensemble Concert, FAA, 6:30 p.m.

10

12

CenterStage Concert, FAA, 6:30 p.m.

Ole Miss recruiter, Fulton SSB, 10 a.m.-1 p.m.; Exercise and Weight Loss, Fitness Center 220, 4 p.m.

17

17

"Nana's Naughty Knickers," SSB, 6 p.m. nightly through Nov. 19

Last day to drop accelerated eight-week term with a 'W'

20

23

Thanksgiving holidays begin for faculty, students, through Nov. 27

Offices close for Thanksgiving, 4:30 p.m.

24

Fall semester exam schedule

See page four.

See page eight for music and concerts

... and page eleven for sports schedules or visit LetsGoICC.com.

STAFF REPORTS

Send it on:
Our world will be a better place

Giving is a word that we use every day without realizing it.

So, what actually is giving?

According to the Merriam-Webster dictionary online, to give means to make a present of.

Many people become consumed in the idea that a present has to be something monetary or materialistic.

To me, it's different.

Although love isn't monetary or materialistic, having someone's true compassionate love means more to me. Sure, it's nice to have the newest Buckle jeans or the latest smartphone, but knowing that I have people around me who love me with all of their heart means more to me than the clothes, technology or gift cards ever could.

At the beginning of the semester, my father called me from his workplace and asked me to go to a nearby store and purchase a nice pair of shoes and a pair of khaki pants. He requested that I do so quickly and to meet him with the purchases at a designated place at a certain time later that day. When we met, he asked me how we could give this to a person without his/her every knowing it was from him.

After pondering this question for a few moments and reaching a solution, I finally asked my dad the question that had been racing in my mind, "Why don't you want him/her to know that this is from you?" The answer I received was humbling..."Because it isn't about me; it's about knowing that you were able to do something to impact a life in a major way."

The thought of this unselfishness brought me to tears.

How often do we get caught up in the "Oh, look what I'm doing!" instead of "My actions, big or small, will impact a life in a positive way."

As the season of Thanksgiving approaches, I challenge you to give without self-glorification. Sit back and see how much more you get out of accepting this challenge and appreciate the things that you do have, the things that you are able to give now, and the things you can give.

Send it on, ICC. Our world will be a better place because of it.

Chieftain staff members needed for spring semester. No experience necessary. dsthomas@iccms.edu

LETTERS
To the Editor

OUR POLICY

The *Chieftain* will print letters to the editor or guest commentaries.

However, they must be signed and include a valid address and telephone number.

Anonymous submissions will not be printed.

The *Chieftain* reserves the right to print or reject letters or to edit them for clarity and space.

Due to restricted space, letters pertaining to current events will be given priority over other letters. Also, the shorter the better.



Chieftain

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The *Chieftain* is posted online at www.iccms.edu three times each semester. Views expressed in this newspaper are not necessarily those of the faculty and administration.

Itawamba Community College is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate's degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404.679.4500 for questions about the accreditation of Itawamba Community College.

Itawamba Community College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Vice President of Student Services, 602 West Hill Street, Fulton, MS 38843, 662.862.8271.

53 named to Who’s Who

Staff Reports

Fifty three ICC students have been selected to Who’s Who among Students in American Junior/Community Colleges.

They include Joseph Drew Carter, Joshua Zaragosa, Kelsey Crump, all of **Amory**; Hunter N. Payne of **Belmont**; Margaret Hudson of **Blue Springs**; Gabrielle M. Cannon, Jordan A. Wade, both of **Caledonia**; Imani D. Morrison-Clark of **Corinth**; Jansen Bridger Thomas of **Fulton**; Lakin Patterson of **Golden**; Victoria N. Bobo of **Guin, Ala.**; Megan M. Corrie, Schyler B. Watson, Sara Malmberg, all of **Guntown**; George W. Washington of **Houlka**; Stephanie Hernandez of **Houston**; Michaela L. Cooper, Judi Beth McMillen, Jamie N. Wilburn, all of **Mantachie**; Mallory L. Pannell of **Marietta**; Andria N. Barnes, Bethany A. Jernigan, both of **Mooreville**; Kayla McElhenney of **Myrtle**, Ryan J. Gillentine of **Nettleton**; Julianna M. Garner, Afton B. Trimm, both of **New Albany**; Eleanor Kate Hester, Michael Foley, Melissa Tackett, Katelyn Gordon, all of **Pontotoc**; Amy Gray of **Potts Camp**; Rachel McKenzie Garrison of **Randolph**; Michael Pippin, Alexis Flowers, Toni Byars, David M. Henderson, Elizabeth Crowder, all of **Saltillo**; Steven B. Ward of **Shannon**; William Tanner Palmer of **Smithville**; Alicia Lovelady of **Tishomingo**; Holly M. Jones of **Tremont**; Tiana J. Allen, Stephanie Wilson, Andrew Hill, Patrick Campeau, Devin Roe, William Krumcke, Randy Morgan, Jacqueline Langford, all of **Tupelo**; April Clark, Jose Vasquez, both of **Verona**; and Evangelin R. Von Boeckman of **Walls**.

ICC’s nominees were selected by faculty and staff based on their academic success, leadership abilities and volunteer efforts. They join an elite group of students from more than 1,400 institutions of higher learning in all 50 states, the District of Columbia and several foreign nations.

Outstanding students have been recognized in the annual directory since it was first published in 1966.

ICC’s students will be featured in the 2016 edition of the *Mirror*, the college yearbook.

Trio receive PTK scholarships

Staff Reports

Three members of ICC’s Upsilon Sigma chapter of Phi Theta Kappa have been selected as recipients of the Coca-Cola Leaders of Promise scholarship.

They include **Judi Beth McMillen** of Mantachie, **Jordan Wade** of Caledonia and **Josh Zaragosa** of Amory.

A sophomore at ICC, McMillen is a member of the Indian Delegation, Science Club and vice president of scholarships for PTK. After earning the bachelor’s degree, McMillen plans to apply for medical school. She is the daughter of Tracy and Michelle McMillen.

Wade is a member of the Indian Players, PTK and the Baptist Student Union leadership team and worship leader at ICC, where she is a sophomore. She is majoring in speech and language pathology. Following graduation from ICC, Wade plans to transfer to MUW to work toward the bachelor’s and master’s degrees. Her parents are Scott and Jeaniece Wade.

Zaragosa, who is a sophomore at ICC, is the vice president of membership for PTK, project director for the Modern Language Club and an assistant in the foreign language lab. He also served as a cheerleader during his freshman year. Zaragosa’s other activities include volunteer at the Amory Food Pantry and intern at the Monroe County Chancery Clerk’s office. He has also assisted with the Children’s Miracle Network. Zaragosa was raised by Paul Key Jr. Currently he resides with Steve and Darlene Stockton.

The Coca-Cola Leaders of Promise scholarship program provides new Phi Theta Kappa members with financial resources to help defray educational expenses while enrolled in a two-year college in order to develop leadership potential through participation in PTK programs. The program awards up to 200 scholarships of \$1,000 each.



Representatives of four-year colleges and universities visit with students at a college transfer fair at the Fulton Campus in this file photo.

College transfer fairs begin today in Fulton

Staff Reports

Representatives of four-year colleges and universities are scheduled to participate in the annual College Transfer Fair, which will be at both the Fulton and Tupelo campuses this week.

The Fulton Campus event will be from 10 a.m.-1 p.m. today (Nov. 2) in the banquet rooms of the David C. Cole Student Services building.

Students at the Tupelo Campus can attend tomorrow from 10 a.m.-1 p.m. in the Student Support Center, Student Affairs presentation room.

The invitation has been extended to all Mississippi four-year college recruiters. It also covered departmental representatives at the colleges.

The fair is designed to assist students who are planning to transfer following

their graduation from Itawamba Community College.

Colleges and organizations to be represented include Air Force, Alcorn State University, Baptist College of Health Science, Belhaven University, Faulkner University, Jackson State University, Millsaps College, Mississippi National Guard, Mississippi College, Mississippi State University, Mississippi University for Women, Southaven Police Department, University of North Alabama, University of Alabama - Birmingham, Union University, University of Mississippi (Oxford, Tupelo, Booneville), University of Mississippi School of Pharmacy, University of Southern Mississippi and William Carey University.

Event coordinator is Mande Miller, director of Advising.

Swanson to present Backyard Astronomy Thursday, 6 p.m., ICC-Tupelo

Staff Reports

ICC will present a Backyard Astronomy session from 6-9 p.m., Nov. 5, at the Health Science Education Center at the Tupelo Campus.

Bob Swanson, astronomy instructor, will present “Multi-wavelength Astronomy: More than Meets the Eye,” a general interest astronomy talk. Additional activities will include a portable planetarium from Ole Miss, an opportunity to view “Journey to the Stars,” free NASA handouts and images. Weather permitting, participants will have an opportunity to view the night sky from the parking lot. At-

tendees will pick up some naked-eye viewing tips as well as have the chance to look through several of ICC’s telescopes at features such as the Pleiades and the Andromeda Galaxy.

The event is free and open to the public. Refreshments will be served.

Swanson’s background includes Shannon High School, where he taught physics, physical science and



Swanson

earth science; professional meteorologist - six years as a TV weatherman and four years as assistant weather editor of USA Today. He earned bachelor’s degrees in both physics and philosophy from The University of Scranton and a master’s degree in meteorology from Penn State University. In his spare time, Swanson writes and records children’s music about the weather (Stormin’ Bob Swanson, the Singing Weatherman) and gives science presentations to local schools, libraries and community groups. He and his wife, Meredith, are the parents of three sons, D.J., Nate and Henry.

Sign up now for spring classes

Staff Reports

Online registration is currently underway for the 2016 spring semester at ICC for current students.

Sophomores who are currently enrolled and who have completed at least 24 hours can register through Dec. 18 in their adviser’s office. Students may also register during the exam period (Dec. 8-11), but if the adviser is not available, students are referred to the Student Affairs office.

Currently enrolled freshmen who have completed fewer than 24 hours will begin registration Nov. 4.

Readmission, transfer and new students who graduate from high school prior to 2015 can register from Nov. 16-Dec. 18 in the Student Affairs offices.

Those who do not early register must participate in open registration Jan. 7-8.

For more information, contact Student Affairs on either the Fulton or Tupelo campus.

TEACHER SPOTLIGHT



Dr. Jada Mills Biology

Family: Husband, Chip; Sons, Luke and Levi
Education: Doctorate, master’s and bachelor’s degrees, Ole Miss; attended ICC
Teaching Experience: Lafayette County High School; University of Mississippi adjunct instructor; ICC biology and nutrition
Positives of Teaching: “I try to be a positive influence in young adult’s lives...No better feeling than to know you directly and positively influenced a student’s life!”

Negatives of Teaching: “It can become difficult seeing students not reach their potential, but this is also where one teacher can make a huge impact.
Advice to Students: “Hard work always pays off. Things happen in a life that we may not understand at the moment, but as we mature and gain more experiences we realize it was part of our life’s plan the whole time.”

MICHAELA COOPER
Editor

FYI

MAKE A NOTE OF IT

Flu vaccines available for all

Staff Reports

The Mississippi Department of Health will administer flu vaccinations at all three ICC locations this week.

Dates and locations include Nov. 2, Fulton banquet room 1, David C. Cole Student Services building; Nov. 3, Belden Center 610; and Nov. 5, Tupelo Student Support Center private dining room. Times are 10 a.m.-2 p.m. The vaccines will be made available to faculty, staff and students.

If an individual doesn't have insurance or Medicare/Medicaid, the cost is \$30.

Any student under the age of 18 must have parental permission to receive the vaccination. Signature forms may be obtained in the office of the vice president of Student Services at the Fulton Campus, from Dr. Brad Boggs in the Student Support Center at the Tupelo Campus or Debi Martin at the Belden Center.

Exam schedule

Day Classes

| Period | Time | Day | Date |
|--------|-------------|------|---------|
| B/BB | 8:00-10:15 | Tue | Dec. 8 |
| K | 10:30-12:45 | Tue | Dec. 8 |
| L | 1:00-3:15 | Tue | Dec. 8 |
| H | 3:30-5:45 | Tue | Dec. 8 |
| C/CC | 8:00-10:15 | Wed | Dec. 9 |
| M | 10:30-12:45 | Wed | Dec. 9 |
| O | 1:00-3:15 | Wed | Dec. 9 |
| A/AA | 8:00-10:15 | Thur | Dec. 10 |
| E/DD | 10:30-12:45 | Thur | Dec. 10 |
| N | 1:00-3:15 | Thur | Dec. 10 |
| D | 8:00-10:15 | Fri | Dec. 11 |
| F | 10:30-12:45 | Fri | Dec. 11 |
| G/EE | 1:00-3:15 | Fri | Dec. 11 |

After-Work, Evening, Weekend Classes

| | | | | |
|------|-----------|-----------|------|---------|
| I/J | 3:35-5:45 | 6:00-8:40 | Tue | Dec. 8 |
| P/Q | 3:35-5:45 | 6:00-8:40 | Wed | Dec. 9 |
| Tue | | 6:00-8:40 | Tue | Dec. 8 |
| Wed | | 6:00-8:40 | Wed | Dec. 9 |
| Thur | | 6:00-8:40 | Thur | Dec. 10 |
| Mon | | 6:00-8:40 | Mon | Dec. 14 |

Staff Reports

Weapons banned at ICC

Staff Reports

With hunting seasons, students should be aware that weapons are not allowed on Itawamba Community College property, including all three locations, according to Dr. Buddy Collins, vice president of Student Services.

The ban also includes vehicles.

"Be aware that possession of any weapon on college property is a serious violation," Collins said.

"Firearms, fireworks, knives, air guns, water

guns or objects that can be considered weapons are prohibited, whether they are functional or not."

Imitations of weapons such as toy guns are prohibited as well.

Individuals found in possession of a weapon are subject to any or all of the following: state and local criminal charges, dismissal from ICC, forfeiture of the weapon, suspension from the residence hall and monetary fines set by the College.

Student ID required

Staff Reports

All ICC students are required to have identification cards, according to Dr. Buddy Collins, vice president of Student Services.

The cards, he explains, provide a method of identification as students, faculty and staff.

Collins said the cards provide access to college locations, events and services including checking books out of the Learning Resource Center, working out at the Fitness Center and making purchases at the bookstores. In addition, the cards are scanned for pre-paid meals in the cafeterias on both campuses and in the grill in the Student Activities

Center on the Fulton Campus.

It's not required for ID cards to be worn, Collins said, but they must be "on their person somewhere."

If students misplace or lose their ID card, they must have it deactivated immediately and have a replacement made in the Student Affairs office on the second floor of the David C. Cole Student Services building on the Fulton Campus or in the Student Support Center on the Tupelo Campus. The cost is \$10.

In addition, students and faculty can receive discounts at participating local businesses by presenting a valid ICC ID card.



'Aging in America: Walk A Mile in an Elder's Shoes' Pannell engages audience

Staff Reports

Dr. Laura Pannell enabled the audience for her Humanities lecture to 'Walk A Mile in an Elder's Shoes' through a series of activities designed to simulate such issues for older adults as vision and dexterity at the ICC Tupelo Campus last Monday night.

Pannell, who was selected as ICC's recipient of the Mississippi Humanities Council Teacher award, is the lead online instructor for psychology/educational psychology/social work/gerontology.

"What is the fastest growing segment of the U.S. population today," she asked. Although many responded with Baby Boomers, Pannell said that the answer is individuals who are 85 and older.

"It was a big deal if someone was 100 or older," Pannell said of the time when she was 15 and worked as an aide in the nursing home area of the Booneville hospital. "We'd call the paper and send it in to Willard Scott."

Pannell said that America is living in the age of the Gray Tsunami. "Just like a tsunami, America is

taining information about living with older adults. "It's important that those working with them understand and empathize. Unless you've walked in their shoes, you can't understand."

Among those who have walked a mile in their shoes are first responders including police, nurses, social workers, nursing home personnel and Medical Explorers through the North Mississippi Medical Center, she noted.

Pannell's presentation focused primarily on the physical changes experienced by older adults.

"Temperament is something we are born with, our genetic makeup," Pannell said. "Some old people are grumpy, and some are patient and kind, but they didn't get that way overnight. They are the same as they were at 2 and 22. It remains stable over the course of a lifetime."

Pannell said that older adults lose the ability to maintain core body temperature. "That's why it's important to check on them in extreme heat and cold."

"Many are on the boundary of

cult it is to hear."

Also around the age of 40, people have a loss of accommodation with their eyesight. There is difficulty with reading smaller print. As adults age, their chances of glaucoma and cataracts increase. Additional issues for older adults include strokes and macular degeneration, she said.

Audience members utilized the contents of kits that were placed before them with several pairs of glasses to test the vision of an older adult to read and sort pills as well as putting on gloves to demonstrate dexterity problems. Pannell watched as they sorted their pills, cautioning them not to cheat nor peek. Noting their lack of success, Pannell said, "I have some bad news for you. Most of you will be dead by Wednesday."

She said that 94 percent of older adults live in the community, not in an eldercare facility as one would expect. "Most of them are going to Walmart or Walgreens for the best price on their medicines. Sometimes the medicine may not be the same shape or color, leading to accidental issues."



Dr. Laura Pannell, recipient of ICC's Mississippi Humanities Teacher of the Year award, above photo, presents "Aging in America: Walk a Mile in an Elder's Shoes" last week at the Tupelo Campus. She engaged her audience through demonstrations of vision and dexterity issues (top photo).

being washed over with older adults."

The need for assistance for those who live to be 85 and older is three times more likely, Pannell pointed out. "The South is leading the country in the 'gray tsunami.'"

She said that experiential learning is the key to connecting and re-

being dehydrated. Most don't consume the amount of water they need to stay hydrated."

Most people, Pannell said, yell at older adults when they talk with them, but that's a problem. "Around the age of 40 we lose the ability to hear high-pitched sounds. The louder you are, the more diffi-

Taste is another sense affected by aging. Pannell said that at age 75, only 36 percent of taste is retained. "Meals for adults are bland. The taste, texture and food could be improved. There are more seasonings than salt, pepper and garlic."

Pannell said that the last two senses to leave are hearing and touch. "Many are afraid to touch those who are dying, but that may be the only connection. They can also hear what you are saying. Be aware at the end of life that touch is the last gift you will give. It's important that we stress that with first responders."

In closing Pannell told the story of Mama Bettie, whose life span touched three centuries. Born in 1890, Mama Bettie, who died in 2005, was hospitalized only once...at the age of 100. Mama Bettie read the Bible three times in her last three years, and she only watched religious programming...and Wheel of Fortune. "Do right in everything you do and love the Lord," was her favorite quote, according to Pannell.

Then there was the story of Beth Van Winkle, who in her early '50s was diagnosed with early onset Alzheimer's. "She didn't live very long, but when she was diagnosed, she made a bucket list, which included skydiving."

"You have an opportunity today to make a difference in someone's life. I hope that you'll leave here with a little knowledge (of older adults) and remember them as treasures in your life."

Meeting Room
CLUB NEWS & CALENDAR

| | | |
|-------------------|------------------------|----------|
| FULTON CAMPUS | | |
| Art Club | Shawn Whittington | 862.8301 |
| Bass Club | Emily Loden Jones | 862.8329 |
| | Jason Campbell | 862.8357 |
| Chieftain | Donna Thomas | 862.8244 |
| Computer Science | Delores Tull | 862.8138 |
| Diversity Club | Morgan Cutturini | 862.8167 |
| Film Club | Morgan Cutturini | 862.8167 |
| Forestry Club | Emily Loden Jones | 862.8147 |
| Fut. Ed. of Amer. | Chris Cox | 862.8181 |
| Gospel Sounds | Carrie Ball-Williamson | 862.8123 |
| Indian Delegation | Emily Tucker | 862.8253 |
| Mirror | Kim Williams | 862.8242 |
| MS Early Child. | Holly Kirk | 620.5344 |
| Modern Language | Jolene Hoots | 862.8162 |
| Phi Theta Kappa | Jolene Hoots | 862.8162 |
| | Robin Lowe | 862.8166 |
| | Heather McCormick | 862.8191 |
| | Dr. Ashley Lancaster | 862.8236 |
| Photography Club | Kim Williams | 862.8242 |
| Political Science | Chris Stevenson | 862.8169 |
| Science Club | Pam Clevenger | 862.8368 |
| | Dr. Betsy Chesnutt | 862.8365 |
| SGA | Dr. Buddy Collins | 862.8271 |

| | | |
|--------------------|--------------------|----------|
| TUPELO CAMPUS | | |
| Amer. Sign Lang. | Nikki Martin | 620.5038 |
| Bass Club | Jason Gholston | 620.5159 |
| | Dylan Baldwin | 620.5156 |
| Comp. Prog./Net. | Tanya Cox | 620.5114 |
| Diversity Club | Megan Eidt | 620.5044 |
| Future Rad. Tech. | Paul Crum | 620.5233 |
| HOSA | Lori Little | 620.5122 |
| Indian Delegation | Michael Holloway | 620.5278 |
| Legal Ed. Assn. | Lynn Millender | 620.5345 |
| | Jamie Hall | 620.5342 |
| | Bo Rowland | 620.5340 |
| Phi Beta Lambda | Tammy Lauderdale | 620.5128 |
| Phi Theta Kappa | Jenny Bowers | 620.5045 |
| | Dr. Delena Hukle | 620.5163 |
| | Ira Lindsay Kinard | 620.5043 |
| | Betsy White | 620.5033 |
| NCF | Dr. Earnest Agnew | 620.5208 |
| OTA | Dee Dee Lomenick | 620.5026 |
| Resp. Therapy | James Newell | 620.5237 |
| Student PTA Club | Dr. Cheryl Ware | 620.5025 |
| Student Gov. Assn. | Cynthia Adams | 620.5305 |
| SHIMA | Donna Vaughn | 620.5123 |
| SkillsUSA | Brad Crowder | 620.5155 |
| SNA | Robin Phillips | 620.5222 |

RELIGIOUS ORGANIZATIONS

| | | |
|--------------------|---------------|----------|
| BSU | Chris Burrows | 862.3278 |
| Campus Minis. Int. | Tony Lee | 862.8224 |
| FCA | Nanci Gray | 862.8420 |
| Wesley Foundation | John Foster | |



FCA
Bro. Scott Nicholson, senior pastor of Fulton Free Will Baptist Church, speaks to the members of ICC's Fellowship of Christian Athletes recently at the Fulton Campus.

Work begins
on '16 Mirror

ALLISON NEAL
Staff

The 2016 Mirror staff is working on a book that adviser Kim Wiygul-Williams hopes will “shock the Indian nation.”

“The staff has decided to change up the book and do things that have never been done before in ICC’s history,” she said.

The staff plans to advertise the yearbook with hanging banners with news, creating a hashtag for social media to be used by students who want their pictures featured in the yearbook and by wearing staff T-shirts.

Wiygul-Williams said that this year’s staff members are committed to producing a quality publication through their hard work and willingness. “Clubs were still being added to our campus nearly a month and a half into the semester,” she said, “and I would walk up to a student and ask them to take another club page. Without hesitation, they agreed. That is the kind of mindset that is needed to put out a fabulous book, which I have no doubt that we will.”

The staff includes editors Holly Kight, Abby Mayhall and Allison Neal and members Keysha Bradley, Brandy George, Courtney H. Haden Hathcock, Kathryn Knippers, Kari Lease, Kaley Loague, Shelby Leachman, Stephanie Hardy, Katelyn McLeroy, Chauncey Mullins and Catherine Storment.



PTK project
Donate Life Awareness
October 26-30

ALEXIS GUY
Staff

Itawamba Community College students had an opportunity to participate in Donate Life Awareness Week, Oct. 26-30.

Sponsored by the Upsilon Sigma chapter of Phi Theta Kappa in partnership with the Mississippi Organ Recovery Agency, the event offered a donor challenge every day to enable students to compete for chances to win prizes.

The purpose of the week was to remind students and faculty of the importance of being an organ donor. According to the MORA website, last year alone, organ donors made more than 28,000

transplants possible, and another one million people received cornea and other tissue transplants that helped them recover from trauma, bone damage, spinal injuries, burns, hearing impairment and vision loss.

The chapter has selected organ, eye and tissue donation as its service project this year.

Highlights of the Donate Life Awareness Week included the signing of a proclamation by ICC President Mike Eaton; the Upsilon Sigma Donor Challenge presentation by students and donor mom Laura Gaskin of Aberdeen on the Fulton Campus and another by students and donor mom Julie Dickerson of Man-

tachie at the Tupelo Campus; donor sign up; and Donor Challenge 2015 cookout and Halloween costume contest at Fulton.

Students who participated in the presentations include Evie Von Boeckman, Theresa Frost, Megan Corrie, Michaela Cooper, Judi Beth McMillen and Tiana Allen.

To register as an organ donor, individuals should register with their state’s Organ Donor Registry, select ‘yes’ to organ donation when they apply for their driver’s license, sign a donor card if available or go to <http://organ-donor.gov/becomingdonor/staterregistries.html>.



Briefly SPEAKING

Remember...

Noise banned

Unnecessary loud noise is banned at all ICC locations including Fulton, Tupelo and Belden.

"When students turn off Main Street and onto the Fulton Campus, it's a different environment," according to Dr. Buddy Collins, vice president of Student Services. "It's an educational place and not a public place."

Loud music can create an unpleasant environment, Collins said. "Loud music, yelling and screaming are distractions."

Students who are found guilty of noise violations will be fined, and the fine will double with each successive violation," Collins said. - *Staff Reports*

Use trash receptacles

Everyone is reminded to use trash receptacles for litter.

It detracts from the beauty of the college environment. "ICC has a reputation as a premier community college, and it's up to all of us to show our pride by ensuring that all three locations are litter-free," according to Dr. Buddy Collins, vice president of Student Services. - *Staff Reports*

Check email

ICC students should regularly check their college email because it is the official form of communication, said Allen Coleman, director of Telecommunications and Information Systems.

Any important notifications from the College will be sent to the student's email address, which currently is his/her username and my.iccms.edu. This includes financial aid, student activities and Canvas notifications.

"Students should regularly check their ICC email, especially those taking online courses." - *Imani Morrison-Clark, Sports Editor*

Review

lockdown procedures

ICC's major concern in the event of a lockdown is the safety of everyone at all three locations.

All faculty, staff and students are urged to review the procedures, according to Dr. Buddy Collins, vice president of Student Services.

"The procedures are meant to be very simple because at the point of a lockdown, the major concern is the safety of all of the individuals in the campus community," Collins said.

Notification will be communicated via ICC ALERT (text messages, phone and email), the Emergency Information Web page and college email.

Upon notification of campus lockdown, everyone must react immediately.

The procedures include

- 1) Lock all doors and windows;
- 2) close all blinds;
- 3) Turn off lights;

4) Use room furnishings to barricade doors and as protection;

- 5) Everyone should sit on the floor, away from doors and windows;

- 6) Make no noises; and

7) Remain in lockdown until it is cleared with a notice via ICC ALERT or the police/administrator gives the ALL CLEAR code. - *Staff Reports*



Members of the Magnolia Gold color guard present the colors prior to ICC's football game with Mississippi Delta, as they have at each of the four home games this fall.

Spring enrollment open for Magnolia Gold

Staff Reports

ICC students who are interested in participating in the Magnolia Gold program or enrolling in a military science elective don't have to wait until the 2016 fall semester.

The Magnolia Gold program offers a unique opportunity for young men and women to become leaders in the Mississippi National Guard while working toward a college degree. To qualify, students must be U.S. citizens, full-time college students, maintain a 2.0 GPA and enlist into the Mississippi Army National Guard.

Although students don't have to enlist to take courses as an elective, those who do so can take advantage of such benefits as tuition assistance and monthly pay.

The spring course is AMR 1123, Foundations of Officership, according to Sgt. David Sistrunk, instructor. It includes fundamental leadership and training techniques with exposure to setting direction, map reading, problem-

solving, presenting briefs and using effective writing skills as well as a leadership lab and physical training. Students will explore dimensions of leadership attributes and core leader competencies in the context of practical, hands-on and interactive exercises. The course is offered from 6-9:15 a.m., Tuesdays and Thursdays, at the Campus in the eLearning building with the lab at different locations.

Three hours' credit is awarded for each class which should transfer to ROTC programs at the university level. "The classes are designed to be taken in consecutive order, however, I have found that students excel in the class regardless of the order in which they take the courses," Sistrunk said.

The program features a Color Guard, which participates in numerous special events at the College with extremely high visibility.

ICC is one of only a select few community colleges in the state to offer the program.

Udall deadline nears

Staff Reports

ICC students in fields related to the environment and Native American and Alaska Native students in fields related to health care or public policy are invited to seek nomination for the Morris K. Udall Scholarship.

In April 2016 the Foundation will award scholarships to students who will be college juniors or seniors during the 2016-17 academic year. To be considered for an award, students must be nominated by their institution. The deadline for receipt of nominations is Mar. 1, 2016.

There really is no "typical" Udall Scholar. They have a broad range of academic backgrounds and environmental, tribal governance or health experience with an equally broad scope of potential careers. Majors represented by Udall Scholars include, but are not limited to, environmental science/studies/engineering, agriculture, biology and other natural sciences, natural resource management, political science, sociology, anthropology, geography, cultural studies, American Indian studies, philosophy, tribal policy economic development, history, English, theatre, ecology, landscape architecture and public health.

For more information, contact Beth Campbell, biology instructor, at (662) 862-8372 or email bacampbell@iccms.edu. Information forms can be obtained from



GameDay

JUCO Weekly was on the Fulton Campus, Oct. 6, to film its show that aired recently on PBS. It's Game Day atmosphere featured brief interviews.

Student Success Centers offer free tutoring

Staff Reports

Itawamba Community College’s Student Success Centers offer free tutoring on both the Fulton and Tupelo campuses.

FULTON

The Fulton Campus schedule includes **beginning algebra**, 1-4 p.m. and 6-9 p.m., Monday-Thursday; **intermediate algebra**, 1-4 p.m. and 6-9 p.m., Monday-Thursday; **college algebra**, 1-4 p.m. and 6-9 p.m., Monday-Thursday; **calculus I**, 6-9 p.m., Monday, Tuesday and Thursday and 1-4 p.m., Wednesday and Thursday; **calculus II**, 6-9 p.m., Monday, Tuesday and Thursday and 1-4 p.m., Wednesday and Thursday; **trigonometry**, 1-4 p.m., Monday-Thursday and 6-9 p.m., Wednesday; **anatomy and physiology I**, 1-4 p.m., Thursday; **anatomy and physiology II**, 1-4 p.m., Thursday; **principles of biology I**, 1-4 p.m., Monday-Wednesday and 6-9 p.m., Monday and Wednesday; **principles of biology II**, 1-4 p.m., Monday-Wednesday and 6-9 p.m., Monday and Wednesday; **general biology I**, 1-4 p.m., Monday-Wednes-

day and 6-9 p.m., Monday and Wednesday; **general biology II**, 1-4 p.m., Monday-Wednesday and 6-9 p.m., Monday and Wednesday; **general chemistry I**, 1-4 p.m., Monday-Wednesday and 6-9 p.m., Monday-Thursday and ; and **general chemistry II**, 1-4 p.m., Monday-Wednesday and 6-9 p.m, Monday-Thursday.

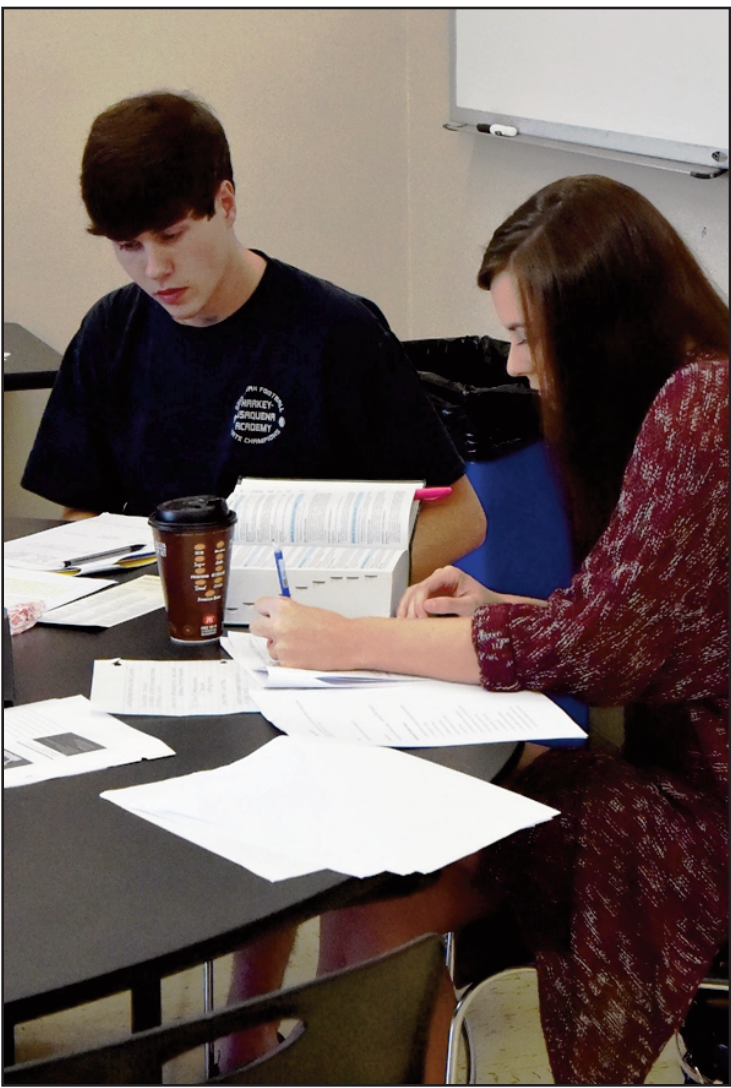
TUPELO

The Tupelo Campus schedule includes **beginning algebra**, 11 a.m.-2 p.m., Monday; 8-9 a.m., 2:30-3:30 p.m., Tuesday; 8-8:50 a.m. and 11 a.m.-2 p.m., Wednesday; 8-9 a.m., 9-10 a.m., 11:45 a.m.-2:45 p.m., Thursday and noon-2 p.m., Friday; **intermediate algebra**, 11 a.m.-2 p.m., Monday; 8-9 a.m., 2:30-3:30 p.m., Tuesday; 8-8:50 a.m, 11 a.m.-2 p.m., Wednesday; 8-9 a.m., 9-10 a.m., 11:45 a.m.-2:45 p.m., Thursday; and noon-2 p.m., Friday; **college algebra**, 11 a.m.-2 p.m., Monday; 8-9 a.m., 2:30-3:30 p.m., Tuesday; 8-8:50 a.m, 11 a.m.-2 p.m., Wednesday; 8-9 a.m., 9-10 a.m., 11:45 a.m.-2:45 p.m., Thursday; and noon-2 p.m., Friday; **real number sys-**

tem, 1-2 p.m., Monday; and 8-8:50 a.m., Wednesday; **principles of biology I with lab**, noon-2 p.m., Monday; 8-8:50 a.m. and noon-2 p.m., Wednesday; **anatomy and physiology I and II with lab**, 11 a.m.-2 p.m., Monday and Wednesday; 2:30-3:30 p.m., Tuesday; 8-9 a.m., 11:45 a.m.-2:45 p.m., Thursday; **physical science survey I with lab**, 1-2 p.m., Monday and 8-8:50 a.m., Wednesday; **study skills**, 11 a.m.2 p.m., Monday; 8-9 a.m. and 2:30-3:30 p.m., Tuesday; 8-8:50 a.m. and 11 a.m.-2 p.m., Wednesday; 8-9 a.m., 9-10 a.m. and 11:45 a.m.-2:45 p.m., Thursday and noon-2 p.m., Friday.

Locations are the Technical Education Building at the Fulton Campus and suite 126 of the Student Support Center at the Tupelo Campus.

Students may visit either center for assistance with scheduling a tutoring appointment or use ICC’s website link under the Student Success Center on ICC’s website, www.iccms.edu.



An ICC student takes advantage of a free peer tutoring session in the Student Success Center at the Fulton Campus.

Four faculty members participate in Lamplighter event

Staff Reports

Four ICC faculty members participated in the Lamplighter conference, Oct. 20-22.

They include Holly Kirk of Ingomar, program director and lead online instructor for early childhood education; Cindy Layman of Mantachie, computer networking technology instructor; Donna Vaughn of Wren, health information technology program director and instructor; and Joe Williams of Fulton, business administration division chair and instructor.

Kirk earned the bachelor’s degree from Blue Mountain College and the master’s degree from the University of Phoenix. She is currently in her fifteenth year of teaching with nine of those at ICC. Kirk recently launched a fully-online early childhood education program with childcare internships in the students’ hometowns. Since 2012 she has been working to improve the lives of orphans in Africa.

Layman earned bachelor’s degrees in computer science and mathematics from Mississippi State University. This summer she participated in the prestigious Mississippi Space Grant Consortium Fellowship program at the NASA Stennis Space Center. Her accomplishments include 15-year recognition from Cisco®; ICC Meritorious Achievement award; Local Area Networking Technology state curriculum committee; advisory board member of the Indiana University Cisco Networking Academy Evaluation project; president-



Kirk



Vaughn



Layman



Williams

elect of the North East Mississippi Novell Users Group; faculty sponsor of the ICC Computer Programming and Networking Association; primary instructor and administrator for Cisco; and treasurer for the Business, Innovation, Networking and Resource Exchange. Layman is a former co-president of the Mantachie Band Boosters organization, fifth and sixth grade girls’ basketball team coach and member and teacher at the Ozark Church of Christ.

Vaughn earned the associate’s de-

gree from Holmes Community College, the bachelor’s degree from the University of Mississippi Medical Center and the RHIA certification in 1983. Until 2012 when she joined the ICC faculty, Vaughn worked in hospitals for almost 30 years in the health information technology field, mainly in coding. As an ICD-10 trainer, Vaughn trains both her students and various healthcare practitioners.

Williams earned both the bachelor’s and master’s degrees from the University of Mississippi. He is a Certified Public Accountant with 37 years of service at ICC. His honors and other activities include certified VITA preparer and former ICC NISOD recipient.

The conference is sponsored annually by the Mississippi Community College Academic Deans Association to honor top college instructors who demonstrate excellence in instruction and a commitment to learning and teaching.

ICC students, faculty submit entries for National Day on Writing



Anna Britt-Begnaud, left, and Jennie Bowers present a National Day on Writing award to a student. Several ICC students and faculty participated but only high school awards were given.

Staff Reports

ICC hosted a National Day on Writing, Oct. 20 to celebrate the importance of writing in “our everyday lives,” according to organizer Anna Britt-Begnaud, chair of the ICC Communications Division.

Several area high school students received awards in the categories of competition, which included art, music and writing.

Although ICC students and faculty were not eligible for awards, several participated.

They include Bethany Carter, Amory; Teah Pearson, Nathan Watson, both of Baldwyn; Jasmin Feliciano of Calhoun City; Elizabeth Banes, Sarah Dobbs, both of Fulton; Lindsey Foster of Guin, Ala.; Katlyn Thomas of

Houlka; Alexis Smith of Houston; Kelsey Holder of Huntsville, Ala.; Anna Bennett, Jamie Wilburn, Mikayla Clouse, all of Mantachie; Kendall King, Mason Caldwell, both of Nettleton; Kirsten Greer of New Albany; Demero Miller of Olive Branch; Linda Sue Spencer of Pontotoc; Dr. Ashley Lancaster, Taylor Buttrum, both of Saltillo; Hannah Burton of Senatobia; Eli Cox, Thomas Bowen, Tra’Shawn Standifer, all of Smithville; Bryan Rosenberg of Southaven; Marlexis Tate of Starkville; Randy Dines, Christopher Roberts, both of Tremont; Zilimillia Pitman, Robyn Gilmore, Chayapat Tanopajai, J.C. Bowers, Wes Yarber, Lexy Wages, all of Tupelo; Neeka Johnson of Vardaman; Jay Humphries of Vina, Ala.; and Evie Von Boeckman of Walls.

UPCOMING Music & Arts, ETC...

November 4

Wounded Warrior Benefit Concert

FAA - 7-9 p.m. - \$2 admission

November 10

Small Ensembles - FAA - 6:30 p.m.

November 12

CenterStage - FAA- 6:30 p.m.

November 17

Jazz Band - FAA - 6:30 p.m.

November 17-19

'Nana's Naughty Knickers'

SSB - 6 p.m. - \$15 tickets

December 2

Jason Crabb Concert

FAA - 7 p.m. - \$20/\$50 advance

Staff Reports



KATIE BANES

Staff

Only two weeks away from the dinner theatre production, "Nana's Naughty Knickers," and the actors have been working quite hard to perfect their performance.

"It's a fun play and a really fun cast," said director Jessi Stevenson. "Practice does not feel like work at all. I am certain the audience will feel the chemistry from the first line spoken."

The actors have really been supportive of each other and understanding when someone skips a line or messes them up during rehearsals. "Everyone in the play has been so kind to me whenever I skipped a line or said mine too early and messed them up," said Katie Banes (Vera Walters). "Rehearsals would be challenging for me if someone got upset every time someone slipped up. I just love every one of the cast members for being able to laugh it off every time someone messes up a line."

As friends and family come for the performance they will see how the actors change their personalities or how well they relate to the person they are portraying. "I think my character is the opposite and the same personality I have," said MiKayla Clouse (Heather Van Pree). "My character fits my attitude with being sassy and persistent. The part about my character's job is nothing like I would ever do in my life. So I can relate with the attitude of my character, but the rest of who she is and what she does is the exact opposite of me."

Cast members have been working hard to present a flawless performance, and they have spent hours learning lines and in rehearsals. "I think the dinner theatre is a good idea for students because, like me, it allows students to come out of their comfort zones, meet new people, and try something new in life," said Jordan Wade (Bridget Charles). "It's a great thing for the College because it offers something other than sports and clubs for students to be a part of. It's a funny thing to see your peers act in this type of entertainment. The more diverse a college is, the better it is because more people can find things they enjoy doing at that place."

Although sports have more visibility and larger "audiences," the dinner theatre provides a viable option for students who are not athletes. "I really think this production will most certainly help me in the future because acting is my dream," according to Danicqua Stephens (Sylvia Charles). "This is something I can add to my resume' and be very proud of. This is my second year doing this, and I love it very much."

The production is scheduled for Nov. 17, 18 and 19 at 6 p.m. at the David C. Cole Student Services building at the Fulton Campus.

Additional members of the cast and crew are Kelsey Holder, Maggie Bushway, Chauncey Mullins, Demaris Samuel, Jared Shields, JT Washington and Hunter Payne.

"Nana's Naughty Knickers" by Katherine DiSavino takes place inside Sylvia Charles' rent-controlled apartment, where she has been living since the early '30s and is now running an illegal boutique, selling handmade naughty knickers to every senior citizen in the five-borough area. It is presented by special arrangement with SAMUEL FRENCH, INC.

Tickets, which are \$15, are available at the ICC Bookstore at the Fulton Campus or by calling (662) 862-8205.



**'It's a fun play
and
a really fun cast.'**

- Director Jessi Stevenson

Faculty art exhibit on display

*'Trick or Treat'
features work
of Arnold, Whittington*

Staff Reports

'Trick or Treat,' Itawamba Community College's faculty art show, is on display in the W.O. Benjamin Fine Arts Center gallery at the Fulton Campus until Nov. 20.

Works feature mixed media, paintings and ceramics with a decidedly Halloweenesque slant by instructors Dana Arnold of Belden and Shawn Whittington of Saltillo.

Arnold, who is in her second year as an instructor in the Fine Arts Department, earned her bachelor's degree from The University of Montevallo and the master's degree from Mississippi College.

Whittington has been an instructor at ICC for eight years. His educational background includes the bachelor's degree from Delta State University and the master's degree from the University of Mississippi.

Gallery hours are 8 a.m.-4 p.m. weekdays except for holidays.

For more information, contact Whittington at (662) 862-8301 or email eswhittington@iccms.edu.



The work of art instructors Dana Arnold and Shawn Whittington is on display in the gallery until Nov. 20.



Upcoming concerts...

CenterStage, Small Ensembles, Jazz Band

Staff Reports

SMALL ENSEMBLES

ICC's Small Ensembles will perform in concert at 6:30 p.m. in the W.O. Benjamin Fine Arts Center auditorium at the Fulton Campus.

Performing will be the Steel Band, Saxophone Quartet I and II and the Brass Ensemble.

Members of the Steel Band are **Elizabeth Higgins**, **Claudia Bounds**, both of Amory; **Tommy Tedford** of Calhoun City; **Bethany Carter** of Hatley; **Jon Ray** of Nettleton; **Clay Taylor** of Saltillo; **Johnny Dennis** of Oxford; **Fred Babbitt** of Shannon; **Clay Taylor** of Saltillo; and **Brandon Gregory**, **Isaac Palmer**, **Rodney Brown**, all of Tupelo.

Those in the Saxophone Quartet I are **Jon Tate** of Long Beach, Calif.; **Wyatt Adams** of Mantachie; **Johnny Dennis**, Oxford; **Courtney Wells** of Philadelphia; **Lazarrus Miller** of Shannon; and **Patrick Knight** and **Brandon Gregory**, of Tupelo. Selections will be chosen from among "Mancini Digs that Mambo," "The Barber of Seville Overture," "Three Shades of Blues," "And I Love Her" and "Christmas Time is Here."

Members of the Saxophone Quartet II are **Cory Bailey** of



Karen Davis directs the choir and Jeff Myers accompanies during a concert at the Fulton Campus.

Ecru; **Cameron Hutcheson** of Iuka; **Dylan Hamilton** of Mooreville; and **Jack Amelang** of Tupelo. Selections will be chosen from among "Yakety Sax," "Shenandoah," "Sometimes I Feel Like a Motherless Child," "Sleigh Ride" and "Carol of the Bells/We Three Kings."

Members of the Brass Ensemble (trumpet duet) are **Lee DeRosette** of Clinton and **Zach Terrell** of Hamilton, Ala.

CENTERSTAGE

CenterStage will present its fall show, Rhythm Remix, at 6:30 p.m., Nov. 12 in the W.O. Benjamin Fine Arts Center auditorium.

The show will feature selec-

tions that have different rhythmic styles such as "Best Day of My Life," "Rhythm of the Night," "Shining Star" and "Jump to the Rhythm." It will also include solos and duets.

Members of CenterStage include vocalists **Theodore Boyd** of Aberdeen; **Benjamin Watson** of Amory; **Tara Edington** of Ecru; **James Harden** of Fulton; **Jacob Loveless** of Hamilton, Ala.; **Saydee Moss** of Houlka; **Davianna Pulliam** of Houston; **Kayla Mattox** of Mantachie; **Layla Taylor** of Nettleton; **Caleb Smith** of Potts Camp; **Georgia Conner** of Ripley; **Justin Pitts** of Smithville; and **Hannah Henry** and **William Tomes**, both of Tu-

pelo.

Band members are **Jonathan Tate** of Long Beach, Calif.; **Johnny Dennis** of Oxford; **Brandon Gregory**, **James Spencer**, both of Tupelo; and **Griffin Crumrine** of Brilliant, Ala. Members of the crew include **Landon Knowlton** of Belden, **Meghan Higginbottom** of Belmont, **Tabitha Foster** of New Albany, **Rachel Ginn** of Pontotoc, **Marquan McCoy** of Tupelo, and **Theresa Frost** of Vicksburg. Directors are **Karen Davis** of Baldwyn and **Christy Colburn** of Amory.

CenterStage is ICC's pop show group. The free concert is open to the public.

JAZZ BAND

ICC's Jazz Band will perform in concert at 6:30 p.m., Nov. 17, at the W.O. Benjamin Fine Arts Center auditorium.

The concert will consist of a mix of older charts such as "Jumpin' at the Woodside" (Count Basie); recent music by Big Bad Voodoo Daddy including "You and Me" and "I Wanna Be Like You" (from Disney's "The Jungle Book") as well as new compositions written by director **Dr. Cass Patrick**, which are being performed for the first time ("Summer at Last," "The Biloxi Incident" and "The Filly from Philly." If time permits, the play list could include early jazz Christmas music.

Members of the Jazz Band are **Casey Lochridge** of Amory; **Griffin Crumrine** of Brilliant, Ala.; **Lee DeRosette** of Clinton; **Corey Bailey** of Ecru; **Kaitlyn Long** of Eldridge, Ala.; **Brian Provins** of Golden; **Ty Jernigan** of Hamilton; **Zach Terrell** of Hamilton, Ala.; **Jonathan Tate** of Long Beach, Calif.; **Wyatt Adams**, **Austin Jones**, **Michaela Cooper**, all of Mantachie; **Courtney Wells** of Philadelphia; **Tra'Shawn Standifer** of Smithville; and **Jack Amelang** and **Andy Lee**, both of Tupelo.

Admission is free.

C2C classes begin in area this month

Staff Reports

Beginning in Nov., young adults ages 16-24 can participate in a five-week Counseling 2 Career (C2C) program at the WIN Job Centers in Itawamba Community College's five-county district.

C2C provides an opportunity for work experience and assistance with securing full-time employment.

Participants in the program must not currently be enrolled in any school; have the desire to work, learn and grow and commit to an intensive five-week program that requires 40 hours per week of participation.

The services and training are centered on career guidance, individual counseling and work readiness. The program includes resume' writing,

application tips, interviewing skills, business etiquette, soft skills, critical thinking, problem-solving, workforce development, team building and project management.

C2C, also known as Jobs 4 U, offers a paid work experience and is funded by The Mississippi Partnership Workforce Development Board and Three Rivers Planning and Development District.

For more information, call (662) 456-1561, Chickasaw County; (662) 407-1205, Itawamba County; (662) 407-1207, Lee County; (662) 256-5617, Monroe County; and (662) 489-1800, Pontotoc County; or Ruth McKinney, C2C case manager for youth at ICC, (662) 407-1205 or rlmckinney@iccms.edu.

Itawamba Community College
Presents

Christmas
with
Fason Crabb
Grammy Award Winning Artist

December 2 at 7:00 p.m.
W. O. Benjamin Fine Arts Center
Fulton, MS

Gold Seating \$50.00 Advanced
(Includes Meet & Greet Pre-Concert Reception)
Regular Seating \$20.00 Advanced

TICKETS AVAILABLE AT iccms.edu/tickets
OR CALL 662-862-8039



The winner is...

Dr. Glenda Segars, right, presents a \$25 gift card to Tylon Ward for winning a \$25 gift card from the grand reopening of the Fulton LRC.



Sideline

VIEW
IMANI
MORRISON-
CLARK

Sports Editor

Don't do stress alone

We often face trials and tribulations. Going through situations can be hard, but it's how we deal with them that can be defining moments.

We, as students, aren't unlike others who are overwhelmed, stressed, frustrated and pressured. We face these obstacles not only in sports, but also in school and work on a daily basis. Pressure on and off the field can cause depression and anxiety among athletes. Imagine the fan pressure they feel. They are humans, after all. No matter how prepared they are, some days just aren't their best.

Sometimes athletes use unconventional methods to cope with life or even consider suicide. Drugs and alcohol, for instance, are not the answer to relief from the struggles of everyday life, including those on the court or field. Unfortunately some people see those as the only viable option, an escape route for the solution to their life problems.

Many of us feel as though we have nowhere to turn, and that can lead to poor decisions. By now you've heard the story of Lamar Odom, former player for the Los Angeles Lakers, who won two NBA championships and who was named in the NBA Sixth Man of the Year in 2011. Recently he was found unconscious in Las Vegas, and according to reports, cocaine and opiates were found in his system. At the time this column was written, he remained in critical condition, although he was no longer in a coma.

He was lucky to survive, but everyone is not so lucky. We, as students and student-athletes, can find release from everyday pressure through hobbies and sports. Just being around other athletes and our fellow students will help us mentally, because we all face similar issues.

More often than not, someone within your social group is going through or has made it through a similar situation.

If we don't feel comfortable talking with our peers, however, our teachers and coaches are there for us.

ICC also offers personal counseling services for students and faculty. Although college is rewarding, it can also cause significant stress. The life events that once seemed manageable can become overwhelming. Students seek counseling for a number of reasons. Among them are academic pressure or failure, anxiety, breakup of an intimate relationship, conflict with a friend or partner, cultural oppression/discrimination, death of a loved one, depression, grief, homesickness, identity confusion, low motivation or inability to establish goals, outside work pressures, parenting or family responsibilities, perceived rejection by family and serious illness. We can make an appointment via email at personalcounseling@iccms.edu or call (662) 620-5302 or (662) 862-8271. In addition, there is a 24-hour suicide hotline, 1-800-273-8255.

Dealing with our trials and tribulations doesn't have to be something that we do alone. We must take advantage of the services and options that we are offered. Stress happens to everybody. What we do with it makes all the difference.

Preview: Basketball season starts tonight

Staff Reports

Last season, ICC's women won the National Junior College Athletic Association Region 23 title to advance to the NJCAA National Tournament for the second time in three seasons.

This season, the Lady Indians hope to build on their recent success with eight newcomers mixed with seven sophomores on the 2015-16 roster.

"Our sophomores are returning with a lot of valuable experience from last season," said ICC head coach Nanci Gray. "When you are able to return seven players that helped win a region championship and make it to the national tournament, it makes you feel good knowing you've got the type of experience and leadership you need as a coach both on and off the floor."

ICC returns one starter, Alontra Tucker, along with five other players who appeared in 20 or more of the Lady Indians' 28 games last season.

Tucker, a point guard who started 24 games last year, is the top returner in points (10.6), assists (2.4) and steals (1.3 per game). She is the second best retuning rebounder (3-4) behind Ieysha Mays, who averaged 4.4 boards per outing.

Mays played in 27 games last season, made three starts and averaged 3.7 points per game.

She, along with returning sophomores Alison Childs, Treasure Evans, Julianna Garner, Raylin Starks and Erika Toney, are expected to contribute right away when ICC tips off the season tonight



quicker to playing on this level."

Freshmen on the Lady Indians' roster include Zaida Cox, Grace Elliot, Sarah Gravin, Marlee Hatcher, Asia Partlow, Jabria Pounds and Aaliya Thornton.

ICC men's basketball coach Grant Pate is retooling for this upcoming season as the Indians look to replace eight players from last year's squad.

"We've got a lot of new faces this season, but we've also got a lot of good core coming back from last year's team that will give us some

while Hill, a 6'8" forward, averaged 4.6 points and 4.2 rebounds per game.

"We are looking for big things out of Howard and Barri this season," Pate said. "Both of these guys have worked really hard in the weight room and anything they can do to get better and help be the leaders we need them to be this season."

In addition to the two starters, three other experienced players will be returning that will provide needed experience in the Indians' tough non-division start to the season.

Cody North, a 6'7" forward, made three starts in 22 games last season for the Indians and will be expected to play a bigger role with increased minutes this season.

"Cody really started coming into his own at the end of last season," Pate said. "We are looking for big things out of him this season because we feel like he is the type of player that can really step up for us in a lot of different roles."

Pate will also look toward a pair of 5'10" guards in Tory Lee and Ron Davis to step into key roles.

"Tory and Ron were key reserves for us last season," Pate said. "These guys are great competitors and are hungry for their opportunities to play bigger roles on the team this season. Hopefully, their energy and hunger will be contagious among the rest of the nation."

ICC added a group of talented freshmen who will be expected to make an impact right away for the Indians. They include Frank Anthony, Justin Edmond, Tommy McCoy, Martaveous McKnight, Harvey Smart, Carter Sweat, Quenten Taylor and LeDarius Woods.

ICC will open its season tonight at the Davis Event Center. "We have a really touch non-division schedule," Pate said. "Hopefully that will help prepare us for what's shaping up to be a really, really tough division this year."



Top photo, Alontra Tucker shoots in the face of a defender in last season's action, and Bari Hill battles Holmes Bulldogs last January.

at 5:30 at the Davis Event Center against Lawson State Community College.

ICC signed an impressive recruiting class that coach Gray will depend on to provide valuable minutes once they have adjusted to the collegiate level of play.

"We are real excited about the caliber of talent we have coming in with our freshman class," Gray said. "We've got a group of players that had a lot of success throughout their high school careers and made deep runs in the playoffs. Hopefully, that experience will help them adjust

much-needed experience," Pate said. "We are going to look toward our sophomores to step up early and guide our freshmen along the way as they adapt to this level of play."

The Indians return two starters from last year's squad, Howard Thorn and Barri Hill, both who were limited to under 20 games last season due to injuries.

Thomas, a 6'7" forward, is the top returning scorer (10.1 points per game) and rebounder (6.8 rebounds per game) and was ranked among the nation's best in field goal percentage (67 percent) as a freshman

Spotlight

Knight among top incoming freshmen

ICC’s Martaveious McKnight of Walls was named as one of the top incoming freshmen when the National Junior College Athletic Association released its second men’s basketball preview, Oct. 19.

“We are excited to have a player like Martaveious on the roster,” said Coach Grant Pate. “He brings a lot of different aspects to the game when he is on the floor, and we look forward to seeing him continue to develop this season here at ICC.”

McKnight was selected to the Commercial Appeal’s Best of the Preps Class AAA Boys team after averaging 24 points and 2.1 rebounds per game during his final season at Lake Cormorant High School.

Soccer players named MACJC Players of Week

ICC sophomore midfield Blake Lashlee (Olive Branch) was named the Offensive Player of the Week, while freshman Thomas Blake (Fulton) was tabbed the conference’s Keeper of the Week when the MACJC announced its weekly honorees last Tuesday.

Lashlee scored four goals while dishing out three assists to help the Indians go 1-1 in the previous week. He netted all four goals and had two assists in the Indians’ 11-0 season finale win over Meridian and added an assist in the Indians’ 2-1 overtime win against Holmes.

Blake had three saves on three shots on goal and registered a shutout after spending 95 minutes in nets for the Indians the same week. He had one save in the Indians’ 2-1 overtime win at Holmes and added two more saves in the Indians’ win over Meridian.

The Indians wrapped up the season with a 7-9-1 overall record and 2-5-1 in the MACJC North Division.

- Staff Reports -

Basketball theme nights set

Staff Reports

Student theme nights for upcoming basketball games include...

| | |
|------------------|------------------------------------|
| Nov. 2 (tonight) | Superhero |
| Nov. 5 | Country/Western |
| Nov. 10 | ‘Merica |
| Nov. 30 | Takin’ Care of Business |
| Dec. 7 | Tacky Christmas Sweater |
| Dec. 10 | Nerd |
| Jan. 5 | Fan Appreciation |
| Jan. 14 | Pack the House |
| | White Out |
| Jan. 19 | Beach |
| Jan. 28 | Spread the Red |
| Feb. 4 | Pink Out/Mardi Gras |
| Feb. 15 | True Blue/Indian - Sophomore Night |

Indians end season in Gulf Coast playoff game

Staff Reports

ICC advanced to the football playoffs for the first time since 2013 following a decision by the Mississippi Association of Community and Junior Colleges.

Due to the decision that East Mississippi was not eligible to participate in the playoffs after an altercation with Mississippi Delta, ICC, which originally finished third in the division, moved into the vacant playoff spot and travelled to Mississippi Gulf Coast on Saturday.

NORTHEAST

ICC started slowly but picked up the tempo, scoring 35 unanswered points, propelling the Indians to a 52-14 win and their sixth consecutive victory over the Northeast Mississippi Community College Tigers, Oct. 15.

The Indians gave up an early touchdown and trailed for most of the first quarter before picking up two quick scores before the end of the first frame.

Kevin Bush who finished with five carries for 17 yards put the Indians on the board with an eight-yard run, sparking another quick touchdown a few minutes later when Quadra Griggs found the end zone on a leaping touchdown from one yard out.

Griggs finished 17-32 for 183 yards and three touchdowns.

Octavious Matthews led the Indians’ ground attack, carrying the ball 14 times for 91 yards, and Dontavis Bruce picked up 86 yards on 10 carries for two touchdowns.

Sophomore line-backer Cartin McBride led the Indian defense with eight tackles and one sack; Kedarius Hibbler picked up two interceptions and Quinn Tiggs added another pick to help the Indian win the turnover battle.

Grant Kimberlin of Olive Branch picked up his second touchdown of the season in the second quarter to give the Indians a 21-7 lead at half-time. The Indians scored 21 points in the third quarter highlighted by a leaping touchdown catch by Isaiah Howard. Zach Ellis added a 27-yard field goal and was a perfect 7-for-7 on extra points.

Bruce capped off the



night with a 25-yard run to give the Indians the MACJC North Division win.

DELTA

ICC overcame a slow start to rout Mississippi Delta Community College, 35-0, Oct. 15.

The Indians struggled to find rhythm early, but held a 7-0 lead at half-time courtesy of a one-yard touchdown pass to Stanley Higgins from Kwadra Griggs.

Griggs finished 12-23 for 191 yards, three touchdowns and two interceptions in his final game at Eaton Field and rushed for 41 yards on seven carries and one touchdown.

Despite six turnovers, the Indians picked up 445 yards of total offense highlighted by a

The Indians got a huge momentum swing in the second quarter when sophomore defensive back Antonio Clifton blocked a punt to set up the Indians’ first touchdown and spark the offense.

The Trojans put together good drives during the contest, but the Indians’ defense would bend but not break and a fourth quarter Quinn Tiggs’ interception in the end zone preserved the shutout.

GULF COAST

ICC’s final game of the 2015 regular season turned into an MACJC playoff preview with No. 11 Mississippi Gulf Coast Community College, Oct. 24. The contest was a tight battle early, but the Bulldogs were able

yards, one touchdown and two interceptions, while kadarius Forside and Devin Bush led the team with 46 yards each.

The Indians only scoring came early in the second half when Griggs connected with Grant Kimberlin for a 10-yard strike.

The Bulldogs scored late in the first quarter and opened the second with a 54-yard touchdown pass. A 69-yard pick six gave the Bulldogs a 21-0 lead at the break.

After the Indians found the end zone at the start of the second half, the Bulldogs, led by sophomore quarterback A.J. Endley, who finished 13-19 for 168 yards and three touchdowns, scored 17 unanswered points to pick up the win.

GULF COAST PLAYOFFS

ICC’s Indians fell to No. 8 Mississippi Gulf Coast Community College, 49-17, in the first round of the MACJC playoffs Saturday in Perkinston.

The Indians, who earned their first playoff berth since 2013, finished with 278 yards of total offense to the Bulldogs’ 499.

Momentum was in the favor of the Indians as they scored on their first drive of the game on a powerful run by Kadarius Forside from four yards out in their second visit to Perkinston in as many weeks. Forside finished with 43 yards on 15 carries.

The Bulldogs tied the contest, but freshman running back Octavious Matthews broke a 75-yard run on the first play of the ensuing drive to put the Indians back in the lead. Matthews led the Indians’ ground attack with 132 yards on 10 carries.

Freshman Zach Ellis gave the Indians a 10-point lead early in the second quarter hitting a 23-yard field goal, but the Bulldogs scored 28 unanswered points in the final seven minutes of the half to take a 35-17 lead.

The Bulldogs added a score in both the third and fourth quarters to pick up the win, eliminating the Indians from the postseason and advancing to the MACJC championship game next Saturday.



big night by freshman running back Octavious Matthews, who carried the ball 13 times, picking up 147 yards including an 80-yard touchdown run in the third quarter.

Kadarius Forside added 67 yards on 20 carries.

to pull away and pick up the 38-7 win.

The Indians matched up well picking up 358 yards of total offense while the Bulldogs finished with 383.

Sophomore quarterback Kwadra Griggs finished 28-40 for 215

COMING UP IN ICC ATHLETICS...

BASKETBALL (W)

| | | |
|---------|---------------|------|
| Nov. 2 | Lawson St. | Home |
| Nov. 5 | Snead St. | Home |
| Nov. 10 | Volunteer St. | Home |
| Nov. 12 | Jones | Away |
| Nov. 14 | Lawson St. | Away |
| Nov. 16 | Shelton St. | Away |
| Nov. 19 | Meridian | Away |
| Nov. 30 | Shelton St. | Home |
| Dec. 3 | Coahoma | Away |
| Dec. 7 | Northwest | Home |
| Dec. 10 | Meridian | Home |
| Jan. 5 | Jones | Home |
| Jan. 7 | Snead St. | Away |
| Jan. 11 | Holmes | Away |
| Jan. 14 | Northeast | Home |

BASKETBALL (M)

| | | |
|---------|---------------|------|
| Nov. 2 | Lawson St. | Home |
| Nov. 5 | Snead St. | Home |
| Nov. 10 | Volunteer St. | Home |
| Nov. 12 | Jones | Away |
| Nov. 14 | Lawson St. | Away |
| Nov. 16 | Shelton St. | Away |
| Nov. 19 | Meridian | Away |
| Nov. 30 | Shelton St. | Home |
| Dec. 3 | Coahoma | Away |
| Dec. 7 | Northwest | Home |
| Dec. 10 | Meridian | Home |
| Jan. 5 | Jones | Home |
| Jan. 7 | Snead St. | Away |
| Jan. 11 | Holmes | Away |
| Jan. 14 | Northeast | Home |

INTRAMURALS

Sign up for dodgeball through today.

GO ICC!!

ON THE SCHEDULE

Follow us...

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Costumes, trick-or-treating and more

